TRANSFORMATION OF A HEALTH SCIENCES POSTGRADUATE POPULATION (2008–2017) AT A HIGHER EDUCATION INSTITUTION IN SOUTH AFRICA: HAS THIS OCCURRED?

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#### **ABSTRACT**

Despite efforts to prioritise transformation of the previously disadvantaged population, inequalities created by the Apartheid system persist in the South African higher education system. This study assessed transformation in relation to population affinity and gender of first-time enrolments of Health Sciences (HS) postgraduate students at the University of the Witwatersrand (Wits), Johannesburg. A retrospective study of the Wits HS postgraduate student database was used for this assessment. The probability of a postgraduate student being Black African increased by 7.5 per cent per year [OR: 1.075, 95% CI (1.052–1.099), p<0.001] over the period 2008–2017 and of being female, increased by 5.6 per cent per year [OR: 1.056, 95% CI (1.033–1.081), p<0.001]. While transformation has occurred, Black African females are still under-represented. The transformation of the postgraduate student body as observed in this study is of importance to other countries struggling with racial and gender equity in the health workforce.

**Keywords:** transformation, population affinity, gender, postgraduate students, higher education system

# INTRODUCTION

Apartheid in South Africa was a system which segregated local society in order to advance and protect the interest of one population group, mainly the White population (Volmink 2008). This system created disparities in all facets of society including the higher education system (Badat

2004; Breetzke and Hedding 2018; Bunting 2006). Twenty six years after the inception of the new democracy (1994), South Africa is still struggling to eradicate the imbalances caused by the system of apartheid.

The South African higher education system has been marred by segregation from as early as 1951, as South Africa only had one college for Black individuals, but eight colleges for Whites (Robus and Macleod 2006). Subsequently, higher education institutions were designated "Black only" or "White only" (Robus and Macleod 2006). This resulted in the provision of unequal higher education as "White only" institutions were adequately resourced but "Black only" institutions were greatly limited in their resources (Breetzke and Hedding 2018; Bunting 2006). However, two of the "White only" universities, namely the University of the Witwatersrand and the University of Cape Town, were regarded as "open universities" as they admitted Black students (Robus and Macleod 2006; Murray 2007). The term "Black" here refers collectively to African, Coloured and Indian individuals who were previously disadvantaged during the apartheid era (Ramrathan 2016). Furthermore, the Second World War prompted the latter two "open universities" to admit additional Black students into their Medical Schools, as international medical training for the Black population became impossible (Murray 2007; Digby 2013). However, training of Black medical students and White medical students was still separated. Black medical students, while receiving teaching with their White counterparts, were trained separately in clinical skills at designated "Non-European" Hospitals (Murray 2007). In addition, in 1959 the White Nationalist government promulgated a law to prohibit "open universities" from enrolling Black students (Robus and Macleod 2006; Murray 2007). Accordingly, the University of the Witwatersrand imposed a quota system for admitting Black students on its Medical School and thus reduced the number of Black student enrolments in medicine, while the dental, physiotherapy and occupational therapy courses were no longer allowed to admit Black students (Murray 2007; Tobias 2005).

Thus prior to the end of Apartheid in South Africa, the numbers of black doctors working in the community were low (Shung-King et al. 2018). This limitation in the training of Black doctors had a major impact on the delivery of care to communities. The Apartheid period in South Africa is reminiscent of the difficulties experienced in the United States of America (USA) where "people of color" (Noonan, Lindong, and Jaitley 2013) were historically underrepresented in all the health professions. In the 1970s in the USA, affirmative action programmes were introduced (Keith et al. 1985). These programmes aimed at increasing the number of physicians from minority groups in order to improve health care to the poor. Yet even by 2013, although "people of color" accounted for more than 25 per cent of the population, they comprised only 10 per cent of health professionals (Noonan, Lindong, and Jaitley 2013).

The under-representation of minority groups in the health professions in the USA has been extensively dealt with in the Sullivan Commission report (Sullivan 2004) and the Institute of Medicine "Unequal Treatment" report (Smedley, Stith, and Nelson 2003). Smith et al. (2009) maintains that "racial and ethnic minority" health professionals generally are more likely to serve medically underserved communities than their White counterparts. They further suggest that pipeline programmes are important for supporting the development of under-represented minorities. As an example, the University of Washington set up a Native American Center of Excellence, which provided a pipeline for American Indian/Alaskan Native applicants (Acosta and Olsen 2006).

An understanding of cultural factors and economics often play a large role in the quality of health care which a health professional may impart to a patient (Nelson 2002). Thus increasing the number of Black health professionals, both female and male, is of great significance for South Africa where the majority of the population is made up of the former under-represented "minority". Increasing the number of Black health professionals may reduce the disparities in health care, currently being experienced. In order to attract more females, particularly black females into the health professions in South Africa, the culture of the work environment (Westring et al. 2012) and the issue of gender-stereotyping (Alwazzan and Rees 2016) must be reformed.

In South Africa transformation of the higher education system has been made a national imperative (Cloete and Moja 2005). However, twenty six years later, South Africa's higher education system still does not reflect the demographics of South African society despite efforts such as the implementation of the White Paper 3 (DoE 1997) by the current government, to redress the inequalities created by apartheid (Norris 2001; Soudien 2009; Ramrathan 2016; DoE 1997). Black African students (both female and male) are still said to be under-represented in higher education institutions (Badat 2010; Seabi et al. 2014). There is a need to ensure demographic representation in the higher education system as South Africa has a diverse population where Black Africans represent the majority (80.9%) of the population, with Coloured (8.8%), Indian (2.5%) and White (7.8%) groups contributing the remainder (Stats SA Mid Year population estimates 2018). The under-representation of Black African students is said to be alarming at postgraduate level particularly in historically white institutions (Seabi et al. 2014).

Females in general were excluded from higher education as apartheid created a White and male dominated system (Badat 2004; Mouton 2003). Black females were particularly affected, as they suffered from both apartheid policies and from genderism (Wing and De Carvalho 1995). Although the new South African democratic government has made efforts to address the

inequalities in the higher education system, the under-representation of Black females still exists (Ramrathan 2016; Ramohai 2019). Therefore, the goal of transformation in higher education seems far from being realised.

"Transformation is a form of change of one form into another" (Van Niekerk 1998). The aim of transformation in society is to have an improved, just and equitable society (Waghid 2002). Transformation of the higher education system is a multifaceted endeavour which involves the curriculum, epistemology, demographics of staff and students, and the institutional milieu and ethos (Badat 2010; Bazana and Mogotsi 2017; SACHE 2016). Thus, the transformation endeavour may differ from one institution to another, as institutions have their own unique issues that require a contextual approach (Ramohai 2019; SACHE 2016). Breetzke and Hedding (2018) define transformation from the South African higher education perspective as "undoing the historical injustices that the majority of the Black African population suffered in terms of access, availability and representation in the higher education sector of the country".

Wits University defines transformation as "a process of negotiated organisational change that breaks decisively with past discrimination practices in order to create an environment where the full potential of everyone is realised and where diversity, both social and intellectual, is respected and valued and where it is central to the achievement of the institution's goals" (University of the Witwatersrand Transformation Transformation Office 2017). We subscribe to Wits University's vision which is "where the full potential of everyone is realised and where diversity, both social and intellectual, is respected and valued". Furthermore, we believe that transformation in higher education is a complex process which includes equality issues and the effectiveness of the higher education system, social cohesion and the eradication of discrimination, curriculum change, management change and Africanization of teaching and learning (Du Preez, Simmonds, and Verhoef 2016; Luvalo 2019). Transformation in institutions of higher learning should also entail "epistemological change and access, policy reform and socio-political redress, but it should be ethical" (Du Preez, Simmonds, and Chetty 2017). Overall, transformation of higher education in South Africa should challenge issues that have previously polarized the South African society (Francis and Hemson 2010).

Wits is located in Johannesburg, the largest metropolitan area in South Africa, with a sizeable migratory population from the local surrounding areas and also from other African countries, who come to work on the gold mines and in other industries (Collinson, Tollman, and Kahn 2007; Turok and Borel-Saladin 2014). The Wits Faculty of Health Sciences is ranked in the top 100 medical schools in the world (Times Higher Education Ranking 2019). Despite it being an internationally renowned university, Wits University and the Wits Faculty of Health Sciences (FHS) are still grappling with the challenge of equity redress of the student body.

Effort has been made by Wits in addressing the demographic profile of undergraduate students (Wits University Senior Executive Team 2015). However, little is known about the demographic profile of postgraduate students. This is of concern, as postgraduate students are a potential pool for the future academic workforce and in health sciences particularly, for the health workforce. A transformed postgraduate cohort would augur well for a future diversified academic workforce. Health Sciences education and healthcare in South Africa were fragmented by the apartheid system (Coovadia et al. 2009; Thackwell et al. 2016). The new South African democratic administration identified the health sector as a major role player in its approach to combating poverty and discrimination, and in nation building (Mostert-Wentzel, Frantz, and Rooijen 2013). However, the health sector in South Africa has been dominated by White males particularly at senior levels (Thackwell et al. 2016). Therefore, it is essential to build capacity which will in future contribute to strengthening and diversifying the health sciences and healthcare workforce which will serve the needs of all South Africans.

This study has thus focused on investigating transformation of the postgraduate cohort of students, who would be a pool for the health sciences workforce. The aim of this study was to assess transformation in relation to population affinity and gender of first-time enrolments of postgraduate students in the Wits FHS over the period 2008–2017.

#### **METHODS**

#### **Ethics**

Permission to use the dataset was obtained from the Office of the Deputy Registrar at the Wits University, Johannesburg, South Africa. Ethics approval to conduct this study was obtained from the Wits Human Research Ethics Committee (Medical) [Clearance certificate number: M180262].

#### **Data source**

Data for this study was obtained from the Business Intelligence Services, Wits University. The Business Intelligence Services manages all student data for the institution and updates records of Wits postgraduate students on an annual basis. The database was recorded as "Postgraduate Cohort Data".

#### Study population

All students registered for a postgraduate degree in the Wits Faculty of Health Sciences (FHS) between 2008 and 2017 were considered for this study. Postgraduate students registered in the Faculty of Science but supervised in the Wits FHS were also included. The binary male /female gender was used in this study as the Wits Business Intelligence Services (BIS) was set up in

this manner. Population affinity was disaggregated into Black African, Chinese, Coloured, Indian and White as these terms are used in post-apartheid South Africa (Lehohla 2011; Harris 2017).

Non-South African postgraduate students were excluded as the study focused on transformation from a South African perspective as guided by the White Paper 3 of the current government (DoE 1997).

# Study design

A retrospective review of the postgraduate students database of the Wits FHS was used to assess transformation with respect to population affinity and gender of postgraduate students over a ten year period (2008–2017). The variables were extracted from the database and transferred to an excel worksheet. The following variables were considered: Date of registration, gender, population affinity, postgraduate degree for which registered (Master's by coursework – MC, Master's by research (MR) and PhD). MC consists of coursework and research while the MR is full time research. The duration of an enrolment in the MC and MR are different, as most MC degrees are 4 years and the MR degree is 2 years in duration. It is mandatory for medical registrars who are specialising and training in Health Sciences Faculties in South Africa to undertake a MC degree. In addition, some students from other clinical disciplines such as Pharmacy and Occupational Therapy for example, may also be included in the Master's by coursework.

# Statistical analysis

Analyses were conducted using Excel (Microsoft 2016) and Stata version 14.2 (StataCorp, College Station, TX). The 5 per cent level of statistical significance was used throughout.

Data were presented as frequencies and percentages. A Chi-square test was used to compare postgraduate student first-time enrolments proportions in 2008 with 2017.

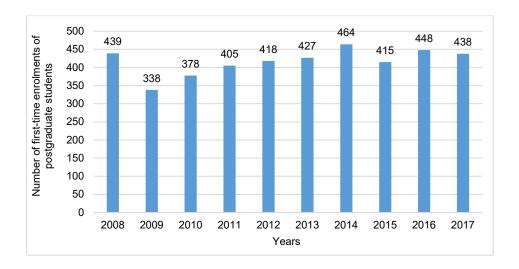
For analysis purposes, the Chinese, Coloured and Indian students were grouped together as "Other" as their numbers were consistently small. Logistic regression models were fitted to investigate the trends in the proportions of first-time enrolments of Black African (versus White and "Other") and female (versus male) postgraduate students, adjusting for degree type. The ten year period (2008–2017) was divided into two five year periods to test for interactions.

## **RESULTS**

#### **Enrolments**

Of the total 5 285 first-time enrolments in the Wits FHS, 4 170 were postgraduate students of South African origin (Figure 1) with enrolments of approximately 400 occurring per annum.

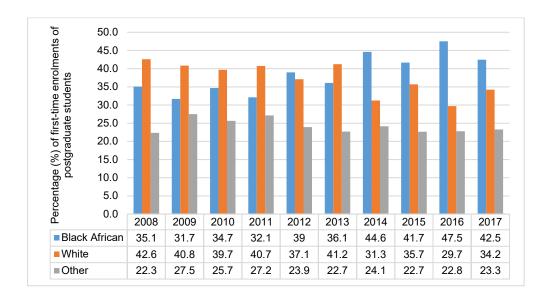
Nineteen of the 4 170 South African postgraduate students were registered in the Faculty of Science, but were undertaking studies in the FHS with FHS supervisors and are thus included in the data.



**Figure 1:** Wits FHS overall numbers of first-time enrolments of South African postgraduate students over the period 2008–2017

# **Enrolments according to population affinity**

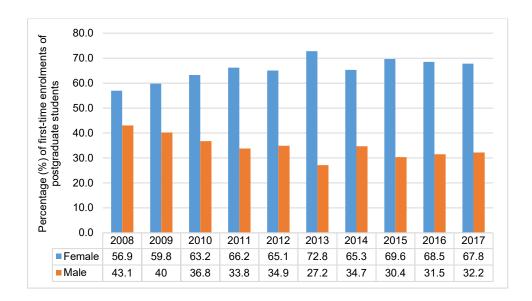
Black African postgraduate enrolments increased steadily over the period 2008–2017 (Figure 2). White students enrolments decreased between the years 2008 and 2017 while the group designated "Other" increased slightly compared with Black Africans (p=0.028).



**Figure 2:** Wits FHS first-time enrolments of South African postgraduate students according to their population affinity (Black African, White and "Other") over the period 2008–2017

## **Enrolments according to gender**

Generally there were more female (n=2738) than male (n=1432) first-time enrolments over the period 2008–2017. Furthermore, a statistically significant increase in the percentage of females occurred between the years 2008 and 2017 (p=0.0009; Figure 3).



**Figure 3:** Wits FHS first-time enrolments of South African postgraduate students according to their gender over the period 2008–2017

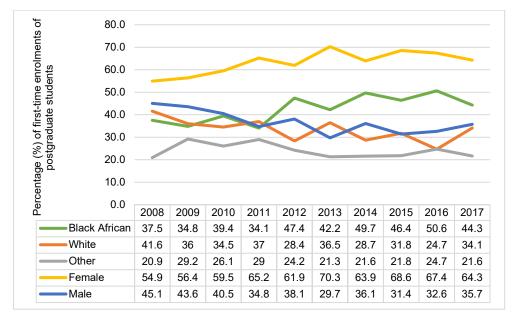
# **Enrolments according to degree types**

The degree types (Masters by coursework and research report [MC], Masters by dissertation [MR] or Doctor of Philosophy [PhD]) of first-time enrolments were analysed in relation to population affinity and gender.

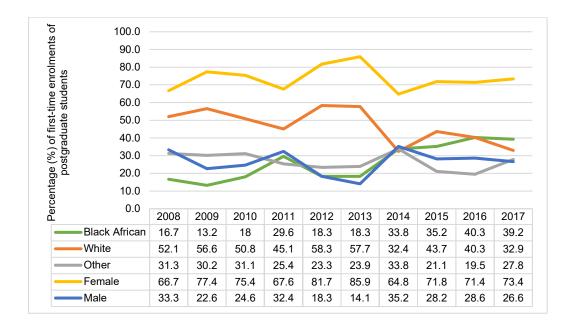
More females than males accounted for first-time enrolments in the MC degree between 2008 and 2017 (p=0.015; Figure 4).

While first-time enrolments of Black African students in the MR degree fluctuated between 2008–2017, White student enrolments in this degree type decreased significantly from 52.1 per cent in 2008 to 32.9 per cent in 2017 (p=0.02; Figure 5). The percentage of registration of females and males remained similar (p=0.42) when 2008 and 2017 were compared.

The percentages of Black African and "Other" students enrolled for the PhD also fluctuated over the period 2008–2017 (Figure 6). There was no statistically significant difference between Black Africans, Whites and "Other" (p=0.93) enrolments over this period of time. More female students registered for the first time each year for the PhD than males between the years 2008 and 2017. The percentage of females enrolled for the PhD increased between 2008 and 2017 by 18 per cent (p=0.047).



**Figure 4:** Wits FHS first-time South African postgraduate students enrolments for Masters by coursework and research report (MC) according to their population affinity and gender over the period 2008–2017

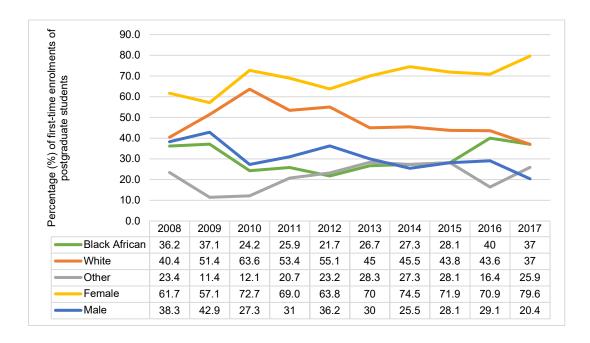


**Figure 5:** Wits FHS first-time South African postgraduate students enrolments for Masters by dissertation (MR) according to their population affinity and gender over the period 2008–2017

# Trend analysis of enrolment according to population affinity, gender and degree type

A trend analysis was conducted to determine changes over the 10 year period. The probability of a postgraduate student being Black African increased by approximately 7.5 per cent per year [OR: 1.075, 95% CI (1.052–1.099), p<0.001]. For female students, the probability of being Black African was less than for males. By degree type, the probability of a student being Black

African was less for the MR and PhD degrees, than for the MC. Therefore, Black African students predominated in registration for the MC (p<0.001; Table 1).



**Figure 6:** Wits FHS first-time South African postgraduate student enrolments for PhD according to their population affinity and gender over the period 2008–2017

**Table 1:** Trends of Wits FHS Black African (versus White and "Other") first-time enrolments of postgraduate students according to their gender and degree over the period 2008–2017

Factor	Level	Odd ratio (OR)	95% CI	P-value
Year	Per unit increase	1.075	1.052; 1.099	<0.001
Gender	Male Female	1 0.74	Reference 0.65; 0.85	<0.001
Degree Type	MC MR PhD	1 0.50 0.57	Reference 0.42; 0.61 0.46; 0.69	<0.001

CI – Confidence Interval, MC – Masters by coursework and research report, MR – Masters by dissertation

Over the period under investigation, the probability of a postgraduate student being female increased by approximately 5.6 per cent per year [OR: 1.056, 95% CI (1.033–1.081), p<0.001]. For Black African students, the probability of being female was less than for the White and "Other" groups. Therefore, a Black African postgraduate student was less likely to be female than a White or "Other" student. By degree type, the probability of a student being a female was higher for the MR and PhD than for the MC (p<0.001; Table 2).

**Table 2:** Trends of Wits FHS first-time enrolments of female (versus male) postgraduate students according to their population affinity and degree over the period 2008–2017

Factor	Level	Odd ratio (OR)	95% CI	P-value
Year	Per unit increase	1.056	1.033; 1.081	<0.001
Population affinity	Black African	1	Reference	<0.001

Factor	Level	Odd ratio (OR)	95% CI	P-value
	White	1.40	1.21; 1.63	
	Other	1.28	1.08; 1.51	
Degree Type	MC	1	Reference	<0.001
	MR	1.52	1.25; 1.83	
	PhD	1.25	1.03; 1.53	

CI – Confidence Interval, MC – Masters by coursework and research report, MR – Masters by dissertation

#### DISCUSSION

While transformation is a complex process which can be categorised in different ways in the South African Higher Education sector (Du Preez, Simmonds, and Verhoef 2016), the present study researched transformation through aspects of redressing equity with respect to race, gender and access in a Faculty of Health Sciences (FHS). The critical shortage of health workers in the public sector in the country, requires urgent addressing (Couper and Hugo 2014; Labonté et al. 2015). Access is thus of the utmost importance in enabling an increase in the numbers of health workers and the transformation agenda of the country. While the current study has shown that access has occurred with respect to Black males in the Wits FHS, the same cannot be said for Black females.

The enrolment percentages of Black African first-time postgraduate students increased over the period 2008–2017, while White student enrolments decreased. A trend for Black African students to be male was noted. The total percentage of Chinese, Coloured and Indian (designated as "Other") students also increased slightly over the same period. Therefore, the increase in Black African postgraduate students did not occur at the expense of the latter group, who were in the past also considered as being from disadvantaged backgrounds.

In relation to gender, more female postgraduate students than males were enrolled for the first time for all degrees over the period 2008–2017. However, fewer Black African females than Black African males and White females were enrolled.

Regarding the degree type, Black Africans predominated in the Master's by coursework, while females predominated in all degree types. A significant increase of 18 per cent in females registered for the PhD occurred between 2008–2017.

The findings of the current study exhibit a marked increasing trend by approximately 7.5 per cent per year, of Wits FHS postgraduate students to be Black African. This trend is important in the context of transformation in South Africa. Since Black Africans form the majority (80.9%) of the South African population (Stats SA Mid Year population estimates 2018), a predominance of Black Africans should be reflected in the demographic composition of students attaining postgraduate degrees in order to transform the health sciences and the health sector. The trend of Wits FHS postgraduate students to be Black African is mirrored at other higher education institutions in South Africa as Black African student enrolments have

increased at masters level (36%–46%) and at doctoral level (25%–39%) between the years 2000 and 2007 (Soudien 2010). In the United States (US) an increase in enrolments of minorities (African American, American Indian and Hispanic) postgraduate students in Dental Education Programmes was similarly observed during the period 2000–2001 (Gates, Ganey, and Brown 2003).

Generally, females in South Africa have not been as well represented as males at postgraduate level in the past (Badat 2004, 2010; NACI 2009). Similarly in Malaysian universities, females are said to be under-represented at postgraduate level (Mokhtar 2012), and in selected universities in Nigeria, where more males (63%) than females (37%) were enrolled for postgraduate programmes in 2000 (Oredein 2002). While female enrolments in the Master of Medicine degree at the University of Cape Town, South Africa, have been increasing, male enrolments still predominated between 1999 and 2005 (Breier and Wildschut 2008). In contrast, studies in the United Kingdom and the US report that enrolment of females were equivalent to males at postgraduate level in the science, technology, engineering and mathematics (STEM) fields (Monroe et al. 2008; Leiden and Leuven 2012; Makunga 2017). Yet, the current study has found that females predominated as first-time enrolments for postgraduate studies in the Wits FHS during the period 2008–2017. This finding concurs with studies in Australia at the School of Public Health, Curtin University (Jancey and Burns 2013) and in South Africa in Psychology at the Wits School of Community Services (Mayekiso et al. 2013) where females predominate at postgraduate level. While Psychology and Public Health have traditionally been female dominated areas, inclusion of females in other fields of health sciences is warranted.

Female postgraduate students predominated in the Wits FHS as first-time enrolments for all degrees over the period under review. Moreover, the enrolments of females increased across all degrees whereas the males decreased. While the increase in female postgraduates in the Wits FHS is encouraging, the increment is dominated by White female students. A similar trend has been observed in the Psychology Department at Wits where the numbers of White females were higher than that of males at postgraduate level in the Wits School of Community Services (Mayekiso et al. 2013). It is an imperative to increase the enrolments of Black African female postgraduate students in South African higher education institutions as Black African females in particular, have been previously disadvantaged by apartheid and continue to be marginalised due to male chauvinism and rigid cultural practices (Ramohai 2019; Joubert and Guenther 2017). There appears to be a lacuna in the literature regarding Black African female postgraduate enrolments in South Africa, as males and females of this population group are generally jointly reported (Badat 2004; 2010; Soudien 2010; NACI 2009). Hence, an in depth analysis of the participation of Black African females at postgraduate level in all fields of health

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sciences is needed to highlight disparities in equity.

While the data in this study regarding gender could only be displayed in a binary format due to the way in which the data was originally captured, Wits has since changed its system to record gender self-identification. Pressure on higher education institutions to report to the Department of Higher Education on transformation, particularly race and gender (Hames 2007), resulted in "policy overload" (Kraak 2001) with a serious omission of "sexual orientation" from policy documents (Hames 2007). The "sexuality-inclusive transformation" was not as actively pursued in higher educational institutions as it is in civil society (Hames 2007), which may explain the delay in the introduction of categories into the Wits data. Protection against discrimination in sexual orientation was entrenched in the South African Constitution (Hatchard 1994), but there has been a disjuncture between what the constitution provides and the time taken to ensure its introduction into the community (Yacoob 2016). Transformation of documents in institutions to adequately capture the sexual self-identification is thus urgent.

Although an overall increase in enrolments of Black African postgraduate students was observed in this study, trend analysis indicated that the probability of a postgraduate student being Black African was less for the MR and PhD degrees. Therefore, the Wits FHS postgraduate pipeline may currently provide a limited pool for a diversified academic workforce as there are less Black Africans registering for those degrees in which research predominates i.e. in the Master's by research (MR) and the Doctoral (PhD) degrees. The shortage of Black African students at the MR level could be ascribed to Black African graduates preferring to find employment immediately after completing their undergraduate degrees, due to socio-economic challenges (Dell 2010). The MR degrees are also perceived as a conduit for basic science careers which are not regarded as positions which provide a substantial income compared with clinicians (Lander, Hanley, and Atkinson-Grosjean 2010). Similar obstacles are encountered by prospective Black African PhD students as the average South African PhD student is older, married or in a steady relationship and thus has to support their immediate family (Herman 2011). Moreover, postgraduate bursaries are meagre and cannot compete with salaries offered by companies which recruit Black African students in order to meet their employment equity targets (Herman 2011). Substantial postgraduate bursaries could entice graduates, particularly Black African graduates, to enrol for a MSc or PhD as the financial support could sustain them during a period when they are without employment or even only have partial employment. The current postgraduate bursaries offered mainly by the South African National Research Foundation (NRF) are not sufficient to support full-time postgraduate students. Black African students are often pressurised by their families to earn salaries immediately after completing their first degrees, owing to their poor backgrounds (Herman 2011; Mouton 2007) and the need to support an extended family. Thus, postgraduate bursaries which are comparable with market related salaries could assist in increasing the enrolment of Black African postgraduate students, especially at PhD level. Mouton (2007) recommended that the South African NRF and the South African National Treasury should be lobbied to increase funding for postgraduate degrees in order to provide substantive support for postgraduate students particularly full-time PhD students.

There is a preponderance of Black African students in the Master's by coursework (MC) degree. The MC degree at Wits includes degrees such as the Master of Public Health, Master of Dentistry, Master of Medicine, Master of Physiotherapy, Master of Occupational Therapy and Master of Nursing. Most students undertake these degrees while still employed (Benatar 2014; Essa 2011; Thomas and Thomas 2000). Therefore, there is less pressure on the students from their families regarding employment. However, there appears to be little interest from the MC degree graduates, particularly graduates in the medical specialities who form the largest group within this cohort, to enrol for a PhD, as is evidenced by the shortage of clinician scientists in South Africa (Kramer, Veriava, and Pettifor 2015). Although Black African students predominate in the enrolments for the MC degrees, there are still disparities in gender as Black African males are in the majority. The predominance of Black African males at the MC level may continue to perpetuate disparities by creating a Black African male dominated postgraduate pipeline. Thus, the Wits FHS should ensure the recruitment of more females and particularly Black African females into the MC programme.

Enrolments at Wits FHS were compared to other low/middle income countries and countries with a majority of Black individuals in the population to place the study in an African and international context. The University of Dar es Salaam in Tanzania embarked on a successful recruitment initiative, targeting female students from secondary schools (Lihamba, Mwaipopo, and Shule 2006; Benjamin and Dunrong 2010) in order to increase female undergraduate students into fields such as chemistry, engineering, mathematics, medicine and physics (Lihamba, Mwaipopo, and Shule 2006; Benjamin and Dunrong 2010). A similar initiative could be adopted by the Wits FHS in order to attract graduates to enrol for postgraduate studies, particularly Black African females. The current lack of Black African females at masters and doctoral levels may further propagate under-representation of females in an already male dominated South African Health Sciences academic workforce (Coovadia et al. 2009; Thackwell et al. 2016). Therefore, it is fundamental to investigate barriers which may impact the enrolment of Black African females in postgraduate studies in large numbers, as Black African females constitute a major part of the South African population.

Barriers impacting Black African females entering into postgraduate studies may be

multifactorial. Financial constraints including student debt, lack of mentorship, lack of support, selection criteria and long working hours have been reported as some of the major barriers impeding Black students (both females and males) from pursuing postgraduate studies locally (Herman 2011; Lessing and Schulze 2002) and internationally (Gates, Ganey, and Brown 2003; Lloyd, Phillips, and Aber 2004; Olaussen et al. 2017). In the US and Saudi Arabia, in fields such gastroenterology, surgery and urology, the lack of senior female role models is reported as being one of the critical factors for under-representation of females in health sciences, as females may prefer a female mentor due to "identification and understanding" (Hill et al. 2015; Alwazzan and Rees 2016; Mayer et al. 2017; Woodward et al. 2017). In addition, the differences in the nature of challenges faced by females from rural and urban Black African societies has been cited as a possible barrier in sub-Saharan Africa (Munene and Wambiya 2019). Rural females faced with socio-economic challenges and stringent cultural practices such as male chauvinism are less likely to access schooling than their urban counterparts from well developed areas with liberal cultural practices (Munene and Wambiya 2019; Chege and Arnot 2012; Mukudi 2017; Shabaya and Konadu-Agyemang 2004) and hence they do not enrol for higher degrees. Thus, socio-economic and cultural differences may be a barrier, preventing Black African female students from rural areas from enrolling in postgraduate studies at institutions such as Wits.

Interventions to tackle barriers impacting transformation must be undertaken as these barriers cause demographic disparities, not only in the postgraduate pipeline, but in the graduate cohort which will serve the public in the future. Thus an investigation of the barriers facing local postgraduate students may inform the nature of the interventions which need to be put in place for transformation to occur. Wits has undertaken a strategic plan with action areas such as student admissions, curriculum reform, promoting diverse and cosmopolitan residence life experience, institutional culture, and diversifying the Wits academy and language to accelerate the Wits transformation agenda (Wits University Senior Executive Team 2015). The Wits senior executive team's 2015 statement however accedes that the process of achieving equity redress at Wits has been slow (Wits University Senior Executive Team 2015).

Conflicts exist within the broader South African society which are also reflected in tensions within Institutional culture (SACHE 2016; Conco et al. 2020). Redressing equity in the postgraduate student population in health sciences and other Faculties in South Africa may result in transforming the institutional culture of higher education institutions, as many postgraduates continue in the system as academics, whether full-time or part-time. Kuh and Whitt (1988) maintain that institutional culture is based on "the collective, mutually supporting patterns of norms, values, practices, beliefs and assumptions that guide the behaviour of

individuals and groups in an institution of higher learning and provide a frame of reference within which to interpret the meaning of events and actions on and off campus". Thus in order to change institutional culture in Higher Education institutions, the human resources of these institutions require transformation.

## LIMITATIONS OF THE STUDY

Only South African students were considered in the current study, as transformation was regarded from the perspective of the South African agenda (DoE 1997). Transformation in relation to individuals with disabilities was not considered as this is beyond the scope of the present study. Future work should consider international students, individuals with disabilities and the lesbian, gay, bigenderual, transgender, queer, questioning, and intergender (LGBTQI) group (Farrow 2015).

#### CONCLUSION

Transformation of the Wits FHS postgraduate first-time enrolment student population has occurred in relation to population affinity and gender over the period 2008–2017. However, the increased trend per year of Black African students noted in this study was due to Black African male students and not Black African female students, although the number of female students rose over this period of time. The under-representation of Black African female first-time enrolments in the postgraduate pipeline is cause for concern in relation to building capacity for the future workforce. This study has shown the possibility of transforming the health sciences postgraduate population of the "minority" group. This is of importance to other countries struggling to support minority groups in the health sciences workforce of the future.

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# **DECLARATIONS**

## **Ethics approval**

Ethics approval to conduct this study was obtained from the University of the Witwatersrand's

Human Research Ethics Committee (Medical) (Clearance certificate number: M180262).

## Availability of data and materials

The data used in this study belongs to the University of the Witwatersrand and is not available for public sharing. However, permission was granted to the authors for use by the first author for PhD purposes.

# **Competing interests**

The authors declare no competing interests.

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