

# Instructions for authors

1. A cover sheet is to be submitted with each manuscript. It should contain the title of the manuscript, the names of all authors in the correct sequence, their academic status and affiliations. The main author should include his/her name, address, phone, fax and e-mail address.
2. Articles should be the original, unpublished work of the stated author. All materials submitted for publication are assumed to be submitted exclusively for publication in this journal. Written permission from the author or copyright holder must be submitted with previously published figures, tables or articles.
3. Authors are solely responsible for the factual accuracy of their work.
4. Articles should be between 3 000 and 5 000 words in length.
5. A 200-word abstract should state the main conclusions and clinical relevance of the article.
6. All articles are to be in English.
7. Abbreviations and acronyms should be defined on first use and kept to a minimum.
8. Tables should carry Roman numeral, I, II etc., and illustrations Arabic numbers 1, 2 etc.
9. References should be numbered consecutively in the order that they are first mentioned in the text and listed at the end in numerical order of appearance. Identify references in the text by Arabic numerals in superscript after punctuation, e.g. ...trial.<sup>(13)</sup>
10. The following format should be used for references:
 

**Articles**

Kaplan FS, August CS, Dalinka MK. Bone densitometry observation of osteoporosis in response to bone marrow transplantation. *Clin Orthop* 1993;**294**:73-8. (If there are more than six authors, list only the first three followed by *et al.*)

**Chapter in a book**

Young W. Neurophysiology of spinal cord injury. In: Errico TJ, Bauer RD, Waugh T (eds). *Spinal Trauma*. Philadelphia: JB Lippincott; 1991: 377-94.
11. Please submit two copies of the article, one to the Guest Editor and a second to the Editor directly (afd@sun.ac.za) or via the secretary of the South African Heart Association (erika@saheart.org).
12. Articles are to be submitted by e-mail. The text should be in MS Word. Pages should be numbered consecutively in the following order wherever possible: Title page, abstract, introduction, materials and methods, results, discussion, acknowledgements, tables and illustrations, references.
13. Where possible all figures, tables and photographs must also be submitted electronically. The illustrations, tables and graphs should not be imbedded in the text file, but should be provided as separate individual graphic files, and clearly identified. The figures should be saved as a 300 dpi jpeg file. Tables should be saved in a PowerPoint document or also as a 300 dpi jpeg. If photographs are submitted, two sets of unmounted high quality black and white glossy prints should accompany the paper. Figures and photographs should be of high quality with all symbols, letters or numbers clear enough and large enough to remain legible after reduction to fit in a text column. Each figure must have a separate self-explanatory legend.
14. Remove all markings, such as patient identification, from radiographs before photographing.