

WELCOME NOTE



Dr Martin Mpe

President, South African Heart Association (SA Heart®)

Raslouw Private Hospital and Netcare Pholoso Hospital, South Africa

Presidential welcome address – SA Heart® Congress 2025

Dear colleagues, delegates, and friends,

It is both a great honour and a personal privilege to welcome you to the 25th Annual SA Heart® Congress, a landmark event in our history. This year, we proudly celebrate a quarter century of cardiovascular excellence; 25 years of advancing heart health, scientific innovation, and professional collaboration across South Africa and beyond.

Our 2025 congress theme, "unifying hearts and minds", resonates deeply with the evolving landscape of cardiovascular care. It captures our shared mission to bridge scientific progress with holistic patient care, and to align multidisciplinary efforts – from research to bedside – toward impactful, patient-centred outcomes.

This milestone congress is set against the vibrant backdrop of Johannesburg's Sandton Convention Centre, from 17 to 19 October 2025, and will feature an exceptional programme designed to both challenge and inspire. Together, we will explore cutting-edge cardiovascular research, engage in immersive skills-based workshops, and exchange insights on healthcare innovation and systems strengthening. Importantly, we will also reflect on our journey as a community, how far we've come, and where we aspire to go.

We are deeply honoured to welcome an illustrious international faculty, including global thought leaders, such as Prof Gersh and Dr Roubin, whose contributions have significantly shaped the course of modern cardiology. Their presence, along with our outstanding national experts, ensures that this year's congress will serve as a world-class forum for learning, discussion, and transformation.

As President of SA Heart®, I am deeply mindful of the responsibility and privilege of stewarding this legacy. Our association remains committed to upholding scientific integrity, inclusivity, and leadership development. This congress reflects those values, whether you are a cardiologist, cardiothoracic surgeon, allied health professional, nurse, researcher, or industry partner: your presence and voice matter.

I extend my heartfelt thanks to the Congress Organising Committee, to our Special Interest Groups, to our industry sponsors, and most importantly, to you, our members and delegates, who are the lifeblood of SA Heart®. Your continued engagement ensures that our association remains a powerful driver of cardiovascular excellence.

Let us use this momentous occasion not only to exchange knowledge but to celebrate the power of collaboration. Together, let us unite hearts and minds to advance the health of our nation and reaffirm our shared commitment to improving lives through cardiovascular science.

Welcome to the SA Heart® Congress 2025.

Welcome to 25 years of shared impact.

Warm regards,

Dr Martin Mpe